

Early Help Team



powys.gov.uk/earlyhelp

Early Help may be needed at any point in a child or young person's life and we seek to offer support quickly to reduce the impact of problems that may have already emerged.

Families are best supported by those who already work with them, organising additional support with local partners as needed. In order to provide the right support at the right time we will link in with our partner agencies.

The Early Help Team can help with:

- support with sleep hygiene
- bonding and attachment
- understanding and managing emotions
- positive behaviour strategies
- Supporting parents/carers understanding of reasons behind their child's behaviours
- and more

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